

**Joanna Ochocka, Ph.D.**  
**Senior Research Advisor, Centre for Community Based Research**  
**Associate Professor Adjunct, Renison University College,/University**  
**of Waterloo**

September 2021

---

## **BACKGROUND INFORMATION**

### **EDUCATION**

- **Ph.D. Sociology**, Silesia University, Poland, 1987  
*Thesis: The Success of Rehabilitation of People with Disabilities and its Dependence on Family, Work Environment and Social Networks: An Ecological Approach.*
- **M.A. Sociology**, Silesia University, Poland, 1980  
*Thesis: Social Problems of the World Big Cities.*
- **Additional Ph.D. Certificate Courses**  
Analysis and Interpretation of Categorical Response Data, University of Waterloo, 1990  
Canadian Social Policy, Faculty of Social Work, Wilfrid Laurier University, 1990

### **AWARDS AND DISTINCTIONS**

- **Award for Teaching Excellence:**
  - Renison University College (University of Waterloo), 2020
  - Wilfrid Laurier University (WLU), 2005
- **Co-Chair**, Community Based Research Canada, 2012-present
- **SSHRC Community University Research Alliance** (\$1mln), 2005

### **COMMUNITY-BASED RESEARCH INTERESTS**

Community-based research excellence, social justice, community mental health, disability issues, immigrant settlement and integration, program and systems change evaluation, church and society, participatory action research, community-university research partnerships.

### **PROFESSIONAL AFFILIATIONS**

- Community Based Research Canada (CBRC), 2008-current
- Community Based Research Ethics Board (CREO), 2010 - current
- Global Alliance for Community Engaged Research (GACER), 2009-current
- Global Network for Sustainable Development (GNSD), 2017-current
- Canadian Evaluation Society, 1997- current

### **COMMUNITY-BASED RESEARCH TRAINING CONSULTATION**

- Mobilization and Capacity Building Training in Community Based Research and International Governance for Indonesian scholars and government officials - Jakarta, Surabaya and Makassar, Indonesia and in Canada, funded by DFATD (2013-2016)
- Capacity Training in Community Based Research for Canadian universities and colleges - e.g., Mt. Allison University, New Brunswick (2016). St. George College, Ontario (2010); CBR Webinar (2016)

- Mobilization and Capacity Building Training in Community University Research for academic researchers, community members and government officials - St, John's and Corner Brook, NFL, funded by Rural Secretariat of the Government of Newfoundland and Labrador (2012-2014)

## Employment/Appointments

- 1991-present      **Centre for Community Based Research** (Formerly Centre for Research and Education in Human Services)
- Senior Research Advisor (2021-present)
  - Co-Executive Director (2017-2021)
  - Executive Director (1996-2017)
  - Senior Researcher (1991-1996)
- 2008- present      **Community Based Research Canada**
- Co-Chair and Treasure (2018-present)
  - Board Directors Vice-Chair (2012-2017)
  - Founding Member (2008)
- 2009-present      **Social Development Studies**, Renison University College, University of Waterloo
- Adjunct Associate Professor (2009-present)
- 2009-2017          **Department of Sociology**, University of Waterloo
- Adjunct Associate Professor
- 1997-2014          **Department of Psychology, MA and Ph.D. Program in Community Psychology**, Wilfrid Laurier University
- Adjunct Associate Professor (2006-2014)
  - Instructor: Program Evaluation and Needs Assessment; Research Methods in Community Settings I; Research Methods in Community Settings II; Qualitative Methods; Practicum (1997-2008)
- 1984-1988          **Department of Sociology**, University of Silesia, Poland
- Associate Professor (1987-1988)
  - Assistant Professor (1984-1987)
  - Instructor: History of Philosophy, Introduction to Sociology, Sociology of Medicine; Sociological Issues of Mental and Physical Disabilities

## VISITING PROFESSOR

- 2016      UIN Sunan Ampel, University in Surabaya and UIN Alauddin, University in Makassar, Indonesia
- 2014      UIN Sunan Ampel, University in Surabaya and UIN Alauddin, University in Makassar, Indonesia
- 2007      Department of Psychology, University of Opole, Poland

## CONFERENCE ORGANIZATION

- Community-University Expo2011(C2UExpo), Waterloo ON - 4-day international conference, over 550 conference participants from 16 countries (both academic and community members)
- Chair of the International Advisory Committee for CUExpo 2013 In Corner Brook, NfL, C2UExpo2015 In Ottawa, ON and C2UExpo, 2017 In Vancouver, BC; C2UExpo2020 in Ste. St. Marie, Ontario and Mini C2UExpo2021 - online.

- Health Innovation Conference for Women (Toronto, ON, 2013)

### **JOURNAL EDITING and GRANT REVIEWS**

- Special Issue on Community Mental Health for Canadian Journal of Program Evaluation (with Tim Aubrey) - Spring 2005
- Canadian Institute for Health Research (2012)
- Social Sciences and Humanities Research Council CURA (1997, 1998, 2003, 2006, 2008, 2011, 2013)
- Alberta Heritage Foundation for Medical Research (2003, 2010)

## **RESEARCH**

### **Publications and Presentations**

Author of 56 publications in academic journals and periodicals, 1 book and 11 book chapters, 180 research technical reports. Organizer and/or presenter at 90 conference presentations, 60 guest and keynote presentations, and 32 community research forums.

### **Books**

Nelson, G., Lord, J., & Ochocka, J. (2001). *Shifting the paradigm in community mental health*. Toronto: University of Toronto Press.

### **Chapters in Edited Books**

Brown, L., Ochocka, J., de Grosbois, S., & Hall, B.L. (2015). *Kamucwkalha: Canadian approaches to community-university research partnerships*. In B. Hall, R. Tandon, & Tremblay, C. (Eds.), *Strengthening community university partnerships: Global perspectives* (pp. 95-112). Victoria, BC: PRIA and University of Victoria Press.

Ochocka, J. (2014). *Bringing community and university scholars together on a national stage: The Canadian Community University Exposition (CUExpo) experience*. In the Global University Network for Innovation (Ed.) *Higher Education in the World 5 : Knowledge, Engagement & Higher Education: Contributing to Social Change* (pp. 262-263). New York, NY: Palgrave Macmillan.

Nelson, G., d'Ailly, H., Ochocka, J., Janzen, R., Maiter, S., & Jacobson, N. (2014). *Planning transformative change for mental health services for diverse cultural-linguistic communities*. In G. Nelson, B. Kloos, & J. Ornelas (Eds.), *Community Psychology and Community Mental Health: 7Towards Transformative Change* (pp.177-201). New York, NY: Oxford University Press.

Janzen, R., Walton-Roberts, M., & Ochocka, J. (2012). *Immigrant integration and inclusion in Waterloo Region*. In C. Andrew, J. Biles, M. Burstein, V.M. Esses, and E. Tolley (Eds.), *Immigration, Integration and Inclusion in Ontario Cities*. (pp.131-157). Montreal PQ and Kingston ON: McGill-Queen's University Press.

Nelson, G., Janzen, R., Ochocka, J., Trainor, J. (2010) *Participatory action research and evaluation with mental health self-help initiatives: A theoretical framework*. In L. Brown and S. Wituk (Eds.), *Mental Health Self-Help: Consumer and Family Initiatives*. New York, NY: Springer Press.

- Ochocka, J. (2007). *Working with Diverse Communities Towards Social Change: A Community University Partnership in Canada Using a Participatory Action Research Approach*. In A. Bokszczanin (Ed). *Social Change in Solidarity: Community Psychology Perspectives and Approaches* (pp.76-83). Opole: Wydawnictwo Uniwersytetu Opolskiego.
- Ochocka, J. & Janzen R. (2006). *Blending commitment, passion, and structure: Engaging cultural linguistic communities in collaborative research*. In A. Williamson & R. DeSouza (Eds.), *Researching with Communities: Grounded perspectives on engaging communities in research* (pp. 323-337). Mud Creek Press. Waitakere City, New Zealand.
- Janzen R. & Ochocka, J. and the Taking Culture Seriously partners (2006). *The road towards cultural empowerment: an invitation to inclusion*. In D. Zinga (Ed.) *Navigating Multiculturalism Negotiating Change* (pp.58-76). Cambridge Scholar's Press: Newcastle, UK.
- Janzen, R & Ochocka, J. (2003). *Immigrant youth in Waterloo Region*. In P. Anisef & K. Murphy Kilbride (Eds.) *Managing two worlds: The experiences and concerns of immigrant youth in Ontario* (pp. 37-68). Toronto: University of Toronto Press.
- Ochocka, J. (2003). *The importance of participation in social groups in Canada. Interview results*. In .M. Szczerbinski & T. Wolszy (Eds.). *From history of Polish immigration (1939-1989)* (pp. 411-419). Gorzow Wlkp.
- Ochocka, J (2002). *Immigrant voice, participation, and leadership: multiple roles played by ethnical press and other publications in Canada*. In B. Kunicki, & M. Szczerbinski (Eds.) *From the history of Polish press abroad from September 1939 until now* (pp. 44-86). Warsaw, Polish Press.

### Peer-Reviewed Articles

- Cresswell, J., Janzen, R., Ochocka, J., & Leonard, K. (under revision). *Illustrating the Outcomes of Community-Based Research: A Case Study on Institutional Transformation to Support Newcomers to Canada*. Submitted to *the Engaged Scholar Journal: Community-engaged Research, Teaching, and Learning*
- Janzen, R., English Leis, K. & Ochocka, J. 2021. *The impact of the Syrian refugee influx on local systems of support: Disruption leading to innovation*. *Journal of International Migration and Immigration*. <https://rdcu.be/cc4gF>
- Janzen, R. and Ochocka, J. 2020. *Assessing excellence in community-based research: Lessons from research with Syrian refugee newcomers*. *Gateways: International Journal of Community Research and Engagement*, 13:1, Article ID 7037. <http://dx.doi.org/10.5130/ijcre.v13i1.7037>
- Taylor, S.M. & Ochocka, J. (2017). *Advancing community-based research in Canada*. *International Journal of Knowledge-Based Development*, Vol. 8, No.2, pp.183-200.
- Janzen, R., Ochocka, J., Turner, L., Cook, T., Franklin, M., & Deichert, D. (2017). *Building a community-based culture of evaluation*. *Evaluation and Program Planning*. 65, 163-170. <https://doi.org/10.1016/j.evalprogplan.2017.08.014>

- Janzen, R., Chapman, M., Reimer, S., & Ochocka, J. (2017). Community-based research and the faith-based campus. *The Engaged Scholar Journal: Community-engaged Research, Teaching, and Learning*, 3(1), 63-81.. <http://dx.doi.org/10.15402/esj.v1i1.225>
- Janzen, R., Ochocka, J., & Stobbe, A. (2016). Towards a theory of change for community-based research projects. *The Engaged Scholar Journal: Community-engaged Research, Teaching, and Learning*, 2(2), 44-64. <http://dx.doi.org/10.15402/esj.v2i2.165>
- Janzen, R., Stobbe, A., Dejean, F., Ochocka, J., (2015) The Role of Churches in Immigrant Settlement. Canadian Diversity/ Diversité Canadienne (CDC) Partnering for Settlement Success: Facilitating Integration and Inclusion. *Canadian Issues*, 11(1): 86-95.
- Ochocka, J. & Janzen, R. (2014). Breathing life into theory: Illustrations of community-based research hallmarks, functions, and phases. *Gateways: International Journal of Community Research and Engagement*, 7, 18-33.
- Janzen, R., Ochocka, J., Jacobson, N., Maiter, S., Simich, L., Westhues, A., Fleras, A. & the Taking Culture Seriously Partners (2010). Synthesizing Culture and Power in Community Mental Health: An Emerging Framework. *Canadian Journal of Community Mental Health*, 29(1), 51-67.
- Ochocka J., Moorlag E. & Janzen, R. (2010). A Framework for entry: PAR values and engagement strategies in community research. *Gateways: International Journal of Community Research and Engagement*, (3), 1-19.
- Ochocka, J., Moorlag, E., Marsh, S., Korsak, K., Mutta, B., Simich, L., & Kaur, A., (2010). Taking culture seriously in community mental health: A five-year study bridging research and action. *Canadian Issues*, pp. 59-64.
- Simich, L., Maiter, S. & Ochocka, J. (2009). From social liminality to cultural negotiation: Transformative processes in immigrant wellbeing. *Anthropology and Medicine Journal*, 16(3), 253-266.
- Simich, L., Maiter, S., Moorlag, E. & Ochocka, J. (2009). Taking culture seriously: Ethno linguistic community perspectives on mental health. *Psychiatric Rehabilitation Journal*, 32(3), 208-214.
- Ochocka, J. & Janzen, R. (2008). Immigrant parenting: a new framework of understanding. *Journal of International Migration and Integration*, 6(1), 85-112.
- Nelson, G., Janzen, R., Trainor, J. & Ochocka, J. (2008). Putting values into practice: Public policy and the future of mental health consumer-run organizations. *American Journal of Community Psychology*, 42, 192-201.
- Westhues, A., Ochocka, J., Jacobson, N., Simich, L., Maiter, S., Janzen, R. & Fleras, A. (2008). Developing theory from complexity: Reflections on a collaborative mixed method participatory action research study. *Qualitative Health Research*, 18(5) 701-717.
- Nelson, G., Ochocka, J., Janzen, R., Trainor, J., Goering, P. & Lomotey, J. (2007). A longitudinal study of mental health consumer/survivor initiatives: Part V - outcomes at 3-year follow-up. *Journal of Community Psychology*, 35(5), 655-665.

- Roderick, K., Janzen, R., Ochocka, J. & Jenkins, J. (2007). Pathways to success in Waterloo Region: Immigrant youth at high school. *Our Diverse Cities, Metropolis Publication*, No.4,139-144.
- Janzen, R., Nelson, G., Hausfather, N. & Ochocka, J. (2007). Capturing System Level Activities and Impacts of Mental Health Consumer-run Organizations. *American Journal of Community Psychology*, 39, 287-299.
- Jacobson, N., Ochocka, J., Wise J., Janzen, R. & the Taking Culture Seriously Partners (2007). Inspiring knowledge mobilization through a communications policy: The case of a Community University Research Alliance. *Progress in Community Health Partnerships: Research, Education and Action*. 1(1), 99-104.
- Ochocka, J., Nelson, G., Janzen, R. & Trainor, J. (2006). A longitudinal study of mental health consumer/survivor initiatives: Part 3- A qualitative study of impacts of participation on new members. *Journal of Community Psychology*, 34(3), 273-283.
- Nelson, G., Ochocka, J., Janzen, R. & Trainor, J. (2006). A longitudinal study of mental health consumer/survivor initiatives: Part 1- Literature review and overview of the study. *Journal of Community Psychology*, 34(3), 247-260.
- Nelson, G., Ochocka, J., Janzen, R. & Trainor, J. (2006). A longitudinal study of mental health consumer/survivor initiatives: Part 2- A quantitative study of impacts of participation on new members. *Journal of Community Psychology*, 34(3), 261-272.
- Janzen, R., Nelson, G., Trainor, J. & Ochocka, J. (2006). A longitudinal study of mental health consumer/survivor initiatives: Part 4- Benefits beyond the self? A quantitative and qualitative study of system-level activities and impacts. *Journal of Community Psychology*, 34(3), 285-303.
- Goering, P., Durbin, J., Sheldon, T., Ochocka, J. & Nelson, G. (2006). Who uses self help? *American Journal of Orthopsychiatry*, 76 (3), 367-373.
- Ochocka, J., Nelson, G., & Janzen R., & (2005). Moving forward: Negotiating self and external circumstances in recovery. *Psychiatric Rehabilitation Journal*, 28(4), 315-322.
- Nelson, G., Ochocka, J., Lauzon, S., Towndrow, J. & Cheng, R. (2005). Disseminating the findings of a longitudinal study of mental health consumer/survivor initiatives in Ontario. *The Community Psychologist* , 38 (2), 41-43.
- Sundar, P. & Ochocka, J. (2005). Bridging the gap between dreams and realities: Employment and mental health; Implications for policy and practice. *Canadian Journal of Community Mental Health*, 23 (1), 75-89.
- Choma, B. & Ochocka, J. (2005). Supported volunteerism for people with complex needs. Case study of Waterloo Region. *Journal of Developmental Disabilities*, 12(1), 1-18.
- Nelson, G., Ochocka, J., Janzen, R., Trainor, J., & Lauzon, S. (2004). Comprehensive evaluation framework for mental health consumer/survivor organizations: Values, conceptualization, design, and action. *Canadian Journal of Program Evaluation*, 19(3), 29-53.

- Ochocka, J., Janzen R., & Nelson, G. (2002). Sharing power and knowledge: Professional and mental health consumer/survivor researchers working together in a participatory action research project. *Psychiatric Rehabilitation Journal*, 25(4), 379-387.
- Reeve, P., Cornell, S., D'Costa, B., Janzen, R. & Ochocka, J. (2002). Consumer researchers speak about their experience in a community mental health research project. *Psychiatric Rehabilitation Journal*, 25(4), 403-408.
- Dewa, C., Durbin, J., Wasylenki, D., Ochocka, J., Eastabrook, S., Boydell, K., & Goering, P. (2002). Considering a multi-site study? How to take the leap and have a soft landing. *Journal of Community Psychology* 30(2), 173-187.
- Nelson, G., Lord, J., & Ochocka, J. (2001). Empowerment and mental health in community: Narratives of psychiatric consumer/survivors. *Journal of Community and Applied Social Psychology*, 11(2), 125-142.
- Ochocka, J., Nelson, G., & Lord, J. (1999). Organizational change towards the empowerment-community integration paradigm in community mental health. *Canadian Journal of Community Mental Health*, 18(2), 59-72.
- Sylvestre, J.C., Ochocka, J., & Hyndman, B. (1999). Selected findings from the Ontario regional evaluation of the Community Action Program for Children. *Canadian Journal of Program Evaluation*, 14 (2), 29-56.
- Ochocka, J. & Lord, J. (1998). Support clusters: A social network approach for people with complex needs. *Journal of Leisureability*, 25(4), 14-22.
- Nelson, G., Ochocka, J., Griffin, K., & Lord, J. (1998). "Nothing about me, without me": Participatory action research with self-help/mutual aid organizations for psychiatric consumer/survivors. *American Journal of Community Psychology*, 26, 881-912.
- Lord, J., Ochocka, J., Czarny, W., & MacGillivray, H. (1998). Analysis of change within a mental health organization: A participatory process. *Psychiatric Rehabilitation Journal*, 21 (4), 327-339.
- Lord, J., & Ochocka, J. (1996). Outcomes of an individualized family support program. *Journal of Leisureability*, 22(4), 22-32.
- Ochocka, J., Roth, D., & Lord, J. (1994). Workplaces that work: Successful employment for people with disabilities. *Journal on Developmental Disabilities*, 3 (1), 29-51.
- Ochocka, J. (1988). Human relations in families of disabled people. *Family Issues*, 5, 32-45. (Poland)
- Ochocka, J. (1987). The economic and social functioning of families of disabled people, *Health and Welfare*, 2, 11-24. (Poland)
- Ochocka, J. & Korzeniewska, H. (1987). The needs for social support. *Chowanna*, 3 (1) 54-66. (Poland)
- Ochocka, J., & Szczerbinski, M. (1985). The role of physical education in programs of schools organized by Polish emigrant associations. *Physical Education University Journal*, 4, 33-47. (Poland)

Ochocka, J. (1984). Students' motivations in choosing physical education studies. *Polish Journal of Postsecondary Education*, 3, 12-27. (Poland)

### Technical Reports (Selected)

Ochocka, J & Coburn, J. (2021). *Community-based research capacity bridging project*. Prepared for the Mental Health Commission Canada. Waterloo, ON: Centre for Community Based Research.

Ochocka, J., Rezvani, S., Janzen R., Notwell, J., & Janna, M. (2020). *First Link Care Navigation Program; Evaluation report year 3*. Waterloo, ON: Centre for Community Based Research.

Ochocka, J., Coburn, J & Martin, J. (2020). *Review of Respite Services in Wellington-Dufferin*. Prepared for the Wellington-Dufferin Developmental Services Planning Table. Waterloo, ON, Centre for Community Based Research.

Martin, J., Dickson, V. & Ochocka, J. (2020). *Food Banks Capacity Grants Summary Report*. Prepared for Food Banks Canada. Waterloo, ON, Centre for Community Based Research.

Ochocka, J., & Nowell (2019). *It takes a community. Suicide prevention in Waterloo Region is our collective responsibility*. Waterloo, ON: Centre for Community Based Research.

Ochocka, J., Enns, A., McCordic, C., Notwell, J., & Janzen, R. (2019). *First Link Care Navigation Program; Evaluation report year 2*. Waterloo, ON: Centre for Community Based Research.

Ochocka, J., Janzen, R. & Stobbe, A. (2018). *Community Based Research Excellence Tool (CBRET)*. Waterloo ON: Centre for Community Based Research., Canada

Ochocka, J., Notwell, J., & Zmetana, K. (2018). Beyond recruitment. Strengthening Indigenous and non-Indigenous relationships when supporting university students from Northern Ontario. Waterloo, ON: Centre for Community Based Research

English, K., Ochocka, J. & Janzen, R (2017). *Exploring the pathways to social isolation: A community-based study with Syrian refugee parents and older adults In Waterloo Region*. Waterloo, ON, Centre for Community Based Research

Godin, K., Ochocka, J., English, K & Janzen, R (2017). *Understanding the experience of Syrian refugee youth: A community-based study examining the barriers and successes faced by Syrian youth In Ontario*. Waterloo, ON, Centre for Community Based Research.

Janzen, R., Fuentes, J., English, K., & Ochocka, J. (2017). *The impact the Syrian refugee influx on local systems of support: Final report slide deck*. Waterloo, ON: Centre for Community Based Research.

Janzen, R., Ochocka, J. (2017). *The impact the Syrian refugee influx on local systems of support: Policy brief*. Waterloo, ON: Centre for Community Based Research.



- Ochocka, J., Marlow, T., & Stobbe, A. (2014) *Case study for the National Summit: Taking culture seriously in community mental health-A community-university research initiative that moves research into action*. Kitchener, ON: Centre for Community Based Research.
- Ghomeshi, K., Stobbe, A., Popham, J., Janzen, R., Young, C., & Ochocka, J. (2014). *Final report: Mobilizing newcomers and immigrants to cancer screening programs*. Kitchener, ON: Centre for Community Based Research.
- Popham, J., Ghomeshi, K., Janzen, R., Young, C., & Ochocka, J. (2014) *Mobilizing newcomers to cancer screening programs: Cycle One Evaluation Report*. Kitchener, ON: Centre for Community Based Research.
- Malleck, G., & Ochocka, J. (2013). *University of Waterloo D.I.R.E.C.T.I.O.N.S. program evaluation: Final summary report*. Kitchener, ON: Centre for Community Based Research.
- Popham, J., Ochocka, J., Janzen, R., Sanderson, N. & Abidi, M. (2013). *Shibogama Family Healing Centre*. Kitchener, ON: Centre for Community Based Research.
- Janzen, R., Stobbe, A., Popham, J. & Ochocka, J. (2013). *Justice and faith: Mobilizing the Christian Reformed Church*. Kitchener, ON: Centre for Community Based Research
- Popham, J. & Ochocka, J. (2013). *Sanguen Health Centre's hepatitis C program: Outcome evaluation report*. Kitchener, ON: Centre for Community Based Research
- Araujo, L., Nguyen, N., Ochocka, J. & Janzen, R. (2013). *Shibogama Health Innovation Project (SHIP): Evaluation report*. Kitchener, ON: Centre for Community Based Research.
- Schincariol McMurtry, L., Ochocka, J., Janzen, R., Mirea, M. & Popham, J. (2013). *Kingston, Frontenac, Lennox & Addington service collaborative needs validation synthesis report*. Kitchener, ON: Centre for Community Based Research.
- Schincariol McMurtry, L., Janzen, R., Ochocka, J. & Mirea, M. (2012). *Hamilton service collaborative needs validation synthesis report*. Kitchener, ON: Centre for Community Based Research.
- Schincariol McMurtry, L., Araujo, L., Janzen, R. & Ochocka, J. (2012). *Cochrane District service collaborative needs validation synthesis report*. Kitchener, ON: Centre for Community Based Research.
- Schincariol McMurtry, L., Naz, S. Janzen, R. & Ochocka, J. (2012). *Waterloo-Wellington service collaborative needs validation synthesis report*. Kitchener, ON: Centre for Community Based Research.
- Lomotey, J., & Ochocka, J. (2012). *High on Life Challenge evaluation report: Intermediate schools*. Kitchener, ON: Centre for Community Based Research.
- Ochocka, J, Janzen, R. & Darisi, T. (2010). *Leaders mobilizing change. Final activities report*. Prepared for Citizenship Immigration Canada. Kitchener, ON: Centre for Community Based Research.

- Love, N. & Ochocka, J. (2010). *Development of the Community Research Ethics Office: Supporting Community Based Research in Waterloo Region*. Kitchener, ON: Centre for Community Based Research.
- Ochocka, J. Moorlag, E., Dildar, Y., Bobesiu, A., Buettgen, A., Araujo, L., Deacoff, C.J. (2010). *The Canadian Immigration Integration Project (CIIP) pilot: Final evaluation report*. Kitchener, ON: Centre for Community Based Research.
- Lord, S., Rieck, T., & Ochocka, J. (2009). *Peer health worker evaluation: A pilot project of Kitchener Downtown Community Health Centre*. Kitchener, ON: Centre for Community Based Research.
- Marsh, S., Ochocka, J., & Buckingham, L. (2008). *Turtle House evaluation final report*. Kitchener, ON: Centre for Community Based Research.
- Ochocka, J., Moorlag, E. & McGee, S. (2008) *Spark of brilliance: Final evaluation report*. Kitchener, ON. Centre for Community Based Research.
- Lomotey, J., Case, R., Delfine-Scozzari, M., Costoglou, P., Janzen, R. & Ochocka, J. (2006). *Developing a consumer-run housing co-op in Hamilton: A feasibility study*. Kitchener, ON: Centre for Research and Education in Human Services.
- Roderick, K., Janzen, R., Ochocka, J., Westhues, A., Jenkins, J. & Sandbeck, B. (2006). *Pathways to success: Immigrant youth at high school*. Kitchener, ON: Centre for Research and Education in Human Services.
- Taylor, A., Roderick, K., Ochocka, J., Adema, W. (2004). *Building sustainable non-profits: The Waterloo region experience*. Kitchener, ON: Centre for Research and Education in Human Services.
- Ochocka, J., Choma, B., & Whitfield, K. (2004). *Supported volunteerism in Waterloo region: Evaluation of Ready, Get, Set, Volunteer! program*. Kitchener, ON: Centre for Research and Education in Human Services.
- Sundar, P. & Ochocka, J. (2002). *Dreams and realities: A literature review of employment for people with serious mental health issues*. Centre for Research and Education in Human Services.
- Ochocka, J., Janzen, R., Anisef, P. & Murphy Kilbride, K. (2001). *Parenting issues of newcomer families in Ontario*. Kitchener, ON: Centre for Research and Education in Human Services, and Joint Centre of Excellence for Research on Immigration and Settlement, Toronto, Ontario.
- Sundar, P. & Ochocka, J. (2001). *Exploring the future directions of MAPS (Mutual Aid with Psychiatric Survivors)*. Kitchener, ON: Centre for Research and Education in Human Services.
- Sundar, P., Ochocka, J., Moziar, M. & Majstorovic, N. (2001). *An assessment of employment needs of consumer/survivors in Wellington-Dufferin Region*. Kitchener, ON: Centre for Research and Education in Human Services.
- Janzen, R., Ochocka, J., & Sundar, P. (2001). *Study on parenting issues of newcomer families in Ontario: Waterloo Region findings*. Kitchener, ON: Centre for Research and Education in Human Services.

- Janzen, R., Ochocka, J. & Van de Hoef, S. (2000). *Immigrant youth in Waterloo region. Needs assessment report*. Kitchener, ON: Centre for Research and Education in Human Services.
- Janzen, R., Ochocka, J. & D'Costa, B. (2000). *Routes to real work: National evaluation*. Kitchener, ON: Centre for Research and Education in Human Services.
- Sylvester, J., Ochocka, J. & Hyndman B. (1998). *Community action programs for children: Regional evaluation*. Kitchener, ON: Centre for Research and Education in Human Services.
- Zupko, B., Poechman Fisher, M., Ochocka, J. & Williamson, H. (1998). *Violence against women with developmental challenges: Prevention and education*. Kitchener, ON: Centre for Research and Education in Human Services.
- Nelson, G., Lord, J., & Ochocka, J. (1998). *Shifting the paradigm in community mental health: A community study of implementation and change: Phase I, II, & III progress reports*. Kitchener, ON: Centre for Research and Education in Human Services.
- Janzen, R., Ochocka, J., & Wing Sang Wong, V. (1998). *Dignity and opportunity: Assessing the economic contribution of foreign trained newcomers*. Kitchener, ON: Centre for Research and Education in Human Services.
- Nelson, G., Lord, J., & Ochocka, J. (1996). *Shifting the paradigm in community mental health: A community study of implementation and change: Historical and policy context progress report*. Kitchener, ON: Centre for Research and Education in Human Services.
- Taylor, A., & Ochocka, J. (1995). *Wellington-Dufferin-Guelph quick response service: Evaluation report*. Kitchener, ON: Centre for Research and Education in Human Services.
- Ochocka, J., & Taylor, A. (1995). *Simcoe Village: A supportive housing solution for a rural setting*. Kitchener, ON: Centre for Research and Education in Human Services.
- Ochocka, J., & Taylor, A. (1995). *Cost-effectiveness*. Kitchener, ON: Centre for Research and Education in Human Services.
- Ochocka, J., Roth, D., & Lord, J. (1994). *Workplaces that work: Research project report*. Kitchener, ON: Centre for Research and Education in Human Services.
- Lord, J., Ochocka, J. & McGeown, M. (1993). *Family directed support: Diversity, hopes, struggle, dignity*. Kitchener, ON: Centre for Research and Education in Human Services.
- Ochocka, J., Lord, J. & Roth, D. (1993). *Review of individualized funding*. Kitchener, ON: Centre for Research and Education in Human Services.
- Ochocka, J., Roth, D., Lord, J. & Macnaughton, E. (1993). *Support cluster project: Evaluation report of a research demonstration project*. Kitchener, ON: Centre for Research and Education in Human Services.

## PRESENTATIONS AND WORKSHOPS

### Academic Conferences

- Janzen, R., **Ochocka, J.**, Atallah, N., Kurfust, D. & Hamilton, L. (2021). Making evaluation meaningful: Building capacity for community-based evaluation in times of disruption. Workshop chair and presenter. Pathways to Prosperity Conference, Online Workshop Series. Waterloo, ON.
- Janzen, R., **Ochocka, J.**, Atallah, N. & Hamilton, L. (2019). Building a community-based culture of evaluation. Capacity-building for organizations supporting newcomers. Workshop presenter. *Pathways to Prosperity National Conference*. Toronto, ON.
- Janzen, R., & **Ochocka, J.** (2019). Excellence in community-based research with immigrants and refugees. Workshop presenter. *2019 National Metropolis Conference: 21<sup>th</sup> Annual Conference*. Halifax, NS.
- Janzen, R., Ochocka, J., Hamilton, L., & Atalla, N. (2019). Evaluating refugee programs: A national capacity-building project. Roundtable organizer and presenter. *2019 National Metropolis Conference: 21<sup>th</sup> Annual Conference*. Halifax, NS.
- Ochocka, J., Janzen, R., Stobbe, A., & Taylor, M. (2017). Assessing excellence in community-based research: Beyond values and principles. *C<sup>2</sup>U Expo 2017: For the Common Good*. Simon Fraser University, Vancouver, BC
- Janzen, R., English, K., Bedard, T., & Ochocka, J. (2017). Conducting collaborative research on faith and settlement partnerships. *C<sup>2</sup>U Expo 2017: For the Common Good*. Simon Fraser University, Vancouver, BC
- Janzen, R., Ochocka, J., Bedard, T. (2017). Faith and settlement partnerships: Setting immigrants and Canada up for success. 2017 National Metropolis Conference: 19th Annual Conference. Montreal, PQ.
- Taylor, S.M., & Ochocka, J. (2016). Advancing community engaged research in Canada. 12th Pascal International Conference: Connecting Cities and Universities at Strategic Frontiers. Università degli Studi di Catania, Catania, Italy.
- Ochocka, J., Janzen, R., de Grosbois, S., Stobbe, A., Fontan, J.M., & Findlay, I. (2015). Pursuing excellence in community based research: Clarifying and expanding on emerging indicators from the 2014 National Summit. C2U Expo 2015: Citizen Solutions, Better World. Carleton University, Ottawa, ON.
- Carr, A., Ochocka, J., Janzen, R., & van de Hoef, S. (2015). Just faith: Mobilizing people and knowledge through community-based research practices. C2U Expo 2015: Citizen Solutions, Better World. Carleton University, Ottawa, ON.
- Ochocka, J., Hall, B.L., de Grosbois, S., & Brown, L. (2015). Mainstreaming CBR in Canada: Promises and perils. C2U Expo 2015: Citizen Solutions, Better World. Carleton University, Ottawa, ON
- Janzen, R., Watson, J., Ochocka, J., & Chapman, M. (2015). Learning to learn together: A

faith-based guide to action for immigrant settlement. C2U Expo 2015: Citizen Solutions, Better World. Carleton University, Ottawa, ON.

- Ochocka, J., Mastronardi, L., & Kramer, T., (May 2014). Ensuring the well-being of human participants in community-based research and evaluation. *CUVic Conference: Beyond Engagement* at the University of Victoria, Victoria, British Columbia, Canada
- Ochocka, J., Janzen, R., Aumann, K., Duncan, S., Court, S., & Hart, A. (2013) Engaging voices, stories of change: Mobilizing community university partnerships and informing national agendas for change. *CUExpo 2013 Conference*. Corner Brook, Nfld.
- Ochocka, J., Janzen, R., DeGrosbois, S., Hawkins, L., Lydon, M. & Macaulay, A. (2013) Seeking meaningful engagement of community partners: Clarifying guiding principles of community-based research practice. *CUExpo 2013 Conference*. Corner Brook, Nfld.
- Ochocka, J., Randall, J., Carter, T., Hall, B. & Lydon, M. (2013). The evolution and impacts of the CUExpo movements. *CUExpo 2013 Conference*. Corner Brook, Nfld.
- Ochocka, J., Umme-Jihad, A., Mastronardi, L. & Marr, B. (2013). Stories of enacting change in knowledge production: Attending to the ethics of community based research. *CUExpo 2013 Conference*. Corner Brook, Nfld.
- Ochocka, J. (2013) Community Based Research and Innovative Practice: Mental Health and Cultural Diversity. *6th Global University Network for Innovation (GUNI) Conference*, Barcelona, Spain.
- Ochocka, J. (2013) Building and Maintaining Community University Partnerships  
Plenary workshop at *6th Global University Network for Innovation (GUNI) Conference*, Barcelona, Spain.
- d'Ailly, H., Janzen, R., & Ochocka, J. (2012). Planning Transformative Change for Mental Services for Cultural Linguistic Communities. Presented at *15th Anniversary of Community-Campus Partnerships for Health Conference*, Houston, Texas.
- Ochocka, J., & Hall, B. (2012) Collaborative structures: Reimagining community-university research partnerships in a democratic society. *Living Knowledge Conference 2012*, Bonn, Germany.
- Ochocka, J., & Janzen, R. Knowledge mobilization through theatre: cutting to the heart of research. (2011) Presented at *CUExpo 2011 Conference*, Kitchener-Waterloo, Ontario, Canada.
- Farrell, M., Ochocka, J., Lall, N., Graham, K., (2011) Making partnerships work: international lessons in the practice of community-university research partnership. Presented at *CUExpo 2011 Conference*, Kitchener-Waterloo, Ontario, Canada.
- Janzen, R., Ochocka, J., Roth, D. (2011) Navigating community-university partnerships. Presented at *CUExpo 2011 Conference*, Kitchener-Waterloo, Ontario, Canada.
- Kramer, T., Love, N., Mastronardi, L., Ochocka, J., Piscitelli, A., Song, H. (2011) Supporting ethical approaches to community based research. Presented at *CUExpo 2011 Conference*, Kitchener-Waterloo, Ontario, Canada.

- Marr, W., Ochocka, J., Love, N., Kramer, T., Penney, R., Mastronardi, L., Piscitelli, A. (2011). Community research ethics board and support: case study of the Waterloo Region. Roundtable presented at *CUExpo 2011 conference*, Kitchener-Waterloo, Ontario, Canada.
- Ochocka, J., Janzen, R. (2011) Community-based research and social innovation: the Centre for Community Based Research. Poster presented at *CUExpo 2011 Conference*, Kitchener-Waterloo, Ontario, Canada.
- Ochocka, J., Buettgen, A., Korsak, K., & Marsh, S. Overview of Taking Culture and Power Seriously in Community Mental Health CURA (2009). Poster presentation at *Making Gains Conference*, Toronto, Ontario, Canada.
- Mutta, B., Nelson, G., & Ochocka, J. (2009). From the Margins to the Core: A case example of a cultural community leading innovative practice in Ontario. Presented at the *Making Gains Conference*, Toronto, Ontario, Canada.
- Ochocka, J. & Roche, B. (2009). Ethics and Community based research. Plenary workshop at the *4th Living Knowledge Conference*, Belfast, Northern Ireland.
- Ochocka, J. (2009). From research to action: Mobilizing cultural communities through participatory action research. Presented at *44th Annual Meeting of the Canadian Sociological Association*. Ottawa, Ontario, Canada.
- Moorlag, E. & Ochocka, J. (2009). Evaluating innovative practice in mental health: A dialogue between cultural communities, practitioners, and the mental health system. Presented at the *44th Annual Meeting of the Canadian Sociological Association*, Ottawa, Ontario, Canada.
- Janzen, R., Walton-Roberts, M., & Ochocka, J. (2009). Immigrant integration and Inclusion in Waterloo Region. Presented at the *81st Conferences of the Canadian Political Science Association, Congress of the Humanities and Social Sciences*, Ottawa, Ontario, Canada.
- Ochocka, J. (2009). Community based research: Inspiring social innovation. Presented at *CUPP Conference*, University of Brighton, United Kingdom.
- Janzen, R., Nelson, G., Trainor, J., & Ochocka, J. (2009). Participatory action research and evaluation with mental health self-help groups and organizations: A theoretical framework. *117th Annual Convention of the American Psychological Association*, Division of Community Psychology. Toronto, Ontario, Canada.
- Ochocka, J. & Marsh, S. (2008). Well-meaning to wellbeing: Doing community based research with immigrant populations. Presented at the *5th Annual Diversity and Wellbeing Conference: The Diverse Faces of Mental Health*. Calgary, Alberta, Canada.
- Ochocka, J., Mutta, B., Song, H. & Marsh, S. (2008). Building reciprocal and action-oriented research collaborations: Challenges, successes, & possibilities. Presented at *Building Equitable Partnerships Conference*. Centre for Addiction and Mental Health. Toronto, Ontario, Canada.

Ochocka, J. (2008). Impacts and lessons learned from Taking Culture Seriously in Community Mental Health. Presented in plenary *CURA panel at Community University Exposition*, Victoria, British Columbia, Canada.

Ochocka, J., Janzen, R. & Moorlag, E. (2008). Challenges and solutions in university community partnerships. Workshop at the *Community University Exposition*, Victoria, British Columbia, Canada.

Janzen, R., Ochocka, J. & Moorlag, E. (2008). Invitation into the taboo: Engaging ethno-racial communities in mental health research. Presented at the *Community University Exposition*, Victoria, British Columbia, Canada.

Ochocka, J. & Janzen, R. (2008). Social innovation: The Centre for Community Based research celebrates twenty-five years. Paper presented at *Community University Exposition*, Victoria, British Columbia, Canada.

Moorlag, E., Ochocka, J., Janzen, R & Marsh, S. (2008). Seeing the "C" in Community University Partnerships: Pathways between diversity engagement and community research. Workshop presented at *Community University Exposition*, Victoria, British Columbia, Canada.

Janzen, R., Ochocka, J. & Marsh, S. (2008). Knowledge Mobilization through Theatre: Cutting to the heart of research. Presented at the *Second International Conference on Community Psychology*. Lisbon, Portugal.

Westhues, A., Ochocka, J., Jacobson, N., Simich, L., Maiter, S., Janzen, R. & Fleras, A. (2008) Developing theory from complexity: Reflections on a collaborative mixed method participatory action research study. Presented at the *Second Qualitative Research on Mental Health Conference*. Tampere, Finland.

Westhues, A., Ochocka, J., Jacobson, N., Simich, L., Maiter, S., Janzen, R. & Fleras, A. (2008) Developing theory from complexity: Reflections on a collaborative mixed method participatory action research study. Presented at the *Fourth International Congress of Qualitative Inquiry*, University of Illinois at Urbana-Champaign, Illinois, USA.

Ochocka, J. (2007). Using Research to Mobilize Communities for Collective Actions and Change: Community University Research Alliance Using Participatory Action Research Approach in Canada. II European Community Psychology Association Seminar at the *Integrating New Migrants in the New Europe*, Seville, Spain.

Ochocka, J., Wosinski M. & Zambakari, Ch. (2007). University-Community Partnership: Global Networking Platform for Social Action Research. *Society for Community Research and Action, 11th Biennial Conference*, Pasadena, California, USA.

Moorlag, E. & Ochocka, J. (2007). Participatory Action Research with diverse communities: A case study example of policy development through public engagement. Paper presented at the annual meeting of the *Canadian Sociological Association*, Saskatoon, Saskatchewan, Canada.

- Ochocka, J., & Janzen, R., Westhues, A., Simich, L., Maiter, S., & (March 2007). Collaborating to Shape Mental Health Practice: Overview of a Community University Research Alliance. *9th National Metropolis Conference*, Toronto, Ontario, Canada.
- Janzen, R. & Ochocka, J. (March 2007). Theorizing Cultural Empowerment through the Lens of Existing Literature. *9th National Metropolis Conference*, Toronto, Ontario, Canada.
- Ochocka, J. & Janzen, R. (November 2006). Setting the Stage for Mental Health Knowledge Mobilization in Cultural Diversity. Making Gains in Mental Health and Addictions. Healthcare Transformation in Ontario: *Evolution or Revolution? 4th Annual Conference*, Toronto, Ontario, Canada.
- Ochocka, J. (October 2006). Engaging Communities in Collaborative Research. *6th European Community Psychology Conference*, Kamien Slaski, Poland.
- Ochocka, J. (June 2006). Emerging Issues in Mental Health Practice. *2006 International Refugee Rights Conference*, Toronto, Ontario, Canada.
- Ochocka, J. (May 2006). Taking Culture Seriously in Community Mental Health: Community University Research Alliance. *3rd Quebec-Ontario Conference in Community Psychology*, Waterloo, Ontario, Canada.
- Ochocka, J.; Wise, J. & Janzen, R. (May 2006). Engaging Ethno Racial Communities on Sensitive Issues: Gaining Entrée in a Community Mental Health Project. *2nd International Congress of Qualitative Inquiry*, Urbana, Illinois, USA.
- Ochocka, J. & Janzen, R. (May 2006). Participatory Action Research & Mental Health Consumer Survivors: Imagining a New Future. *2nd International Congress of Qualitative Inquiry*, Urbana, Illinois, USA.
- Ochocka, J. & Janzen, R. (May 2006). Participatory Action Research & Needs Assessment: Mobilizing Culturally Diverse Communities. *2nd International Congress of Qualitative Inquiry*, Urbana, Illinois, USA.
- Ochocka, J., Westhues, A., Janzen, R., & Roderick, K. (May 2006). Engaging Communities through Open Forums: The Immigrant Youth in Schools Project. *2nd International Congress of Qualitative Inquiry*, Urbana, Illinois, USA.
- Ochocka, J., Nelson, G. & Janzen, R. (October 2005). A Comprehensive Evaluation Framework for Mental Health: Participation, Conceptualization, Design and Action. *Crossing Borders, Crossing Boundaries, 2005 Joint CES/AEA Conference*, Toronto, Ontario, Canada.
- Ochocka, J. & Choma, B. (October 2005). Supporting People with Disabilities as Volunteers: Using Participatory Action Evaluation to Shape a Community Initiative. *Crossing Borders, Crossing Boundaries, 2005 Joint CES/AEA Conference*, Toronto, Ontario, Canada.
- Nelson, G, Ochocka, J. & Janzen, R. (October 2005). An Evaluation of Individual Level Activities and Impacts of Mental Health Consumer/Survivor Initiatives. *Crossing Borders, Crossing Boundaries, 2005 Joint CES/AEA Conference*, Toronto, Ontario, Canada.



- Janzen, R., Ochocka, J. & Nelson, G. (October 2005). An Evaluation of System Level Activities and Impacts of Mental Health Consumer/Survivor Initiatives. *Crossing Borders, Crossing Boundaries, 2005 Joint CES/AEA Conference*, Toronto, Ontario, Canada.
- Ochocka, J., Janzen, R. & Nelson, G. (May 2005). Participatory Action Research with Mental Health Consumer-Run Organizations. *1st International Congress of Qualitative Inquiry*, Urbana-Champaign, Illinois, USA.
- Nelson, G., Ochocka, J. & Janzen, R. (October 2004). Consumer/Survivor Initiatives in Ontario: Evaluating Individual-level and Systems-level Impacts. *Changing Attitudes, Changing Cultures Conference*, Kingston, Ontario, Canada.
- Ochocka, J., Janzen, R. & Nelson, G. (October 2004). The Drive to Move Forward: A New Framework for Understanding Recovery from Mental Illness and Other Life Struggles. *Changing Attitudes, Changing Cultures Conference*, Kingston, Ontario, Canada.
- Ochocka, J. (October 2004). Moving Ahead Together: Participatory Research that Balances Relevance and Rigour. Pre-Conference Institute. *7th IAPSPR Ontario Conference*, Hamilton, Ontario, Canada.
- Nelson, G. & Ochocka, J. (October 2004). A Longitudinal Study of Consumer/Survivor Initiatives in Ontario: Evaluating Individual-level and Systems-level Impacts. Invited Speaker at the *Mental Health Leads, Ontario Ministry of Health and Long-Term Care*, Toronto, Ontario, Canada.
- Ochocka, J., Nelson, G., Lauzon, S. (June - July 2004). Longitudinal Study of Mental Health Consumer-Run Organizations. Introduction to Evaluation. Regional Workshops with Mental Health Practitioners and Consumers, Ottawa, London, Kenora, Thunder Bay and North Bay, Ontario, Canada.
- Ochocka, J. & Choma, B. (April 2004). Supported Volunteering for Individuals with Disabilities. *Ontario Association on Developmental Disabilities 2004 Annual conference*, Kempenfelt Centre, Barrie, Ontario, Canada.
- Ochocka, J. (January 2004). Impact of Participation in Consumer/Survivor Initiatives. *The 5th International Interdisciplinary Conference Advances in Qualitative Methods*, Edmonton, Alberta, Canada.
- Janzen, R. & Ochocka, J. (January 2004). The Benefits of Consumer/Survivor Initiatives for Service Systems and Communities. *The 5th International Interdisciplinary Conference Advances in Qualitative Methods*. Edmonton, Alberta, Canada.
- Ochocka, J. (January 2004). Participatory Action Research in Community Mental Health. *The 5th International Interdisciplinary Conference Advances in Qualitative Methods*, Edmonton, Alberta, Canada.
- Ochocka, J. (November 2003). Dreams and Realities in Employment: A Case Example in Southern Ontario. *Work in Progress: A Colloquium on Work, Citizenship and Mental Health*. Toronto, Ontario, Canada.
- Ochocka, J. (November 2003). Consumer/Survivor Initiatives: Present Benefits and Future Directions. *2003 Annual Conference of the Ontario Peer Development Initiatives*, Toronto, Ontario, Canada.

- Dewa, C., Durbin, J., Wasylenki, D., Ochocka, J., Eastabrook, S., Boydell, K., & Goering, P. (November 2003). Who Uses Self-Help? *American Public Health Association, 131st Annual Meeting*, San Francisco, California, USA.
- Ochocka, J. (September 2003). Taking Culture Seriously: The Experience of Canada's Social Institutions in Responding to a Multicultural Reality. *Open Minds Conference*, Lodz, Poland.
- Ochocka, J. (June 2003). Meaningful Involvement: Participatory Action Research within a Community Mental Health. *Canadian Psychology Association Annual Meeting*, Hamilton, Ontario, Canada.
- Ochocka, J. (May 2003). A Participatory Approach to Qualitative Research with Mental Health Consumer/Survivor Initiatives in Ontario, Canada. *The 4th International Interdisciplinary Conference Advances in Qualitative Methods*, Banff, Alberta, Canada.
- Ochocka, J & Nelson, G. (May 2003). The Drive to Move Forward: Negotiating Self and External Circumstances by People Living with Mental Health and Other Life Struggle. *The 4th International Interdisciplinary Conference Advances in Qualitative Methods*, Banff, Alberta, Canada.
- Janzen R., Nelson, G. & Ochocka, J. (May 2003). The Place of Self Help and Mutual Aid in Stories of Recovery by People Living with Mental Health and Other Life Struggles. *The 4th International Interdisciplinary Conference Advances in Qualitative Methods*, Banff, Alberta, Canada.
- Ochocka, J. (November 2002). Sharing Power and Knowledge: Researching Innovation in Community Mental Health. *Conference for Ontario Occupational Therapists*, Hamilton, Ontario, Canada.
- Durbin, J., Ochocka, J. & Nelson, G. (June 2002). Comparing Users of Consumer/Survivor Initiatives and Service Organizations: Methodology and Early Findings. *International Association of Psychosocial Rehabilitation Services, 27th Annual Conference*, Toronto, Ontario, Canada.
- Ochocka, J. & Nelson, G. (June 2002). A Longitudinal Study of Consumer/Survivor Initiatives in Ontario: Research Process and Preliminary Findings. *International Association of Psychosocial Rehabilitation Services, 27th Annual Conference*, Toronto, Ontario, Canada.
- Ochocka, J. (April 2002). A Participatory Approach to Qualitative Research with Mental Health Consumer/Survivor Initiatives. *Qualitative Health Research Conference*, Banff, Alberta, Alberta, Canada.
- Ochocka, J. (November 2001). Immigration Issues: Newcomer Parents and Challenges of Parenting in Canada. *6th International Metropolis Conference*, Rotterdam, The Netherlands.
- Ochocka, J. & Janzen, R. (October 2001). Parenting Issues of Newcomer Families in Ontario. *5th National Metropolis Conference*, Ottawa, Ontario, Canada.
- Ochocka, J. (July 2001). Sharing Power and Knowledge: Professional and Mental Health Consumer/Survivor Researchers Working Together in a Participatory Action Research Project. *World Assembly for Mental Health*, Vancouver, British Columbia, Canada.

- Ochocka, J. (July 2001). Shifting A Paradigm in Community Mental Health: A Community Study of Implementation and Change. *World Assembly for Mental Health*, Vancouver, British Columbia, Canada.
- Ochocka, J. (June 2001). Longitudinal Evaluation of Consumer/Survivor Initiatives in Ontario. *2001 Annual Conference of Ontario Peer Support Network*, Toronto, Ontario, Canada.
- Ochocka, J. & Janzen, R. (November 2000). Needs of Newcomer Youth. Citizenship and Immigration Canada, *Ontario Region OASIS Settlement Sector Conference*, Toronto, Ontario, Canada.
- Ochocka, J. & Janzen, R (November 2000). Newcomer Youth Settlement: Needs, Services and Emerging Best Practices. *The 5th International Metropolis Conference*, Vancouver, British Columbia, Canada.
- Ochocka, J. (April 2000). Rights and Recover: Shifting a Paradigm in Community Mental Health. *2nd National Conference on Best Practices and Mental Health Reform*, Vancouver, British Columbia, Canada.
- Ochocka, J. (October 1999). Shifting a Paradigm in Community Mental Health: A Community Study of Implementation and Change. *International Association of Psychosocial Rehabilitation Services (IAPSRs), Ontario Chapter Conference*, Niagara Falls, Ontario, Canada.
- Ochocka, J. (October 1999). Longitudinal Study of the Consumer/Survivor Initiatives in Community Mental Health in Ontario. *International Association of Psychosocial Rehabilitation Services (IAPSRs), Ontario Chapter Conference*, Niagara Falls, Ontario, Canada.
- Ochocka, J. (September 1997). Partnership and Organizational Change: Challenges and Opportunities. *International Association of Psychosocial Rehabilitation Services (IAOSRS), Ontario Chapter Conference*, Guelph, Ontario, Canada.
- Ochocka, J. (May 1997). New Paradigms, New Partnerships: Evaluation for Positive Change. Pre-Conference Workshop. *Canadian Evaluation Society 1997 Annual Conference*, Ottawa, Ontario, Canada.
- Ochocka, J. (March 1997). Changing a Paradigm in Community Mental Health: Preliminary Findings from the Research Study. *Orthopsychiatric Association, 1997 Annual Conference*, Toronto, Ontario, Canada.
- Ochocka, J. & Taylor, A. (May 1996). New Paradigms/New Partnerships: Supporting Internal Evaluation Pre-Conference Workshop. *Canadian Evaluation Society 1996 Annual Conference*, Winnipeg, Manitoba, Canada.
- Ochocka, J. (November 1995.) Supporting Community Groups to Do Their Own Evaluation. *1st International Evaluation Conference*, Vancouver, British Columbia, Canada.
- Ochocka, J. (June 1994). Support Clusters: Innovative Approach to Community Mental Health. *Qualitative Health Research Conference*, Hershey, Pennsylvania, USA.
- Ochocka, J. (April 1994). New Paradigms, New Partnerships: Workshop on Community Research, Evaluation and Partnership. *Health Prevention Congress*, Toronto, Ontario, Canada.

Ochocka, J. (October 1993). Support Cluster Project: Linking Qualitative Evaluation and Intervention. *2nd Annual Conference in Severe Developmental Disabilities*, Winnipeg, Manitoba, Canada.

Ochocka, J. & Lord, J. (December 1992). Research and Evaluation Component - Community Approach in Supporting People with a Dual Diagnosis. *International Association on Dual Diagnosis 1992 Annual Conference*, Toronto, Ontario, Canada.

### **Keynote Addresses and Workshops**

Prepared and presented or facilitated at over 40 events, including:

Ochocka J. & Dooley, S. (May 2021). *Mini C2UExpo Gathering and Community-Based Research Award Gala*. Keynote, moderator, and organizer. International on-line conference.

Ochocka, J.; Janzen, R & Loppie, C. (March 26, 2021). *Community-Based Research, Acting on Findings*. Workshop #5 for Mental Health Commission Canada.

Ochocka, J.; Janzen, R & Loppie, C. (February 26, 2021). *Community-Based Research; Implementing Research*. Workshop #4 for Mental Health Commission Canada.

Ochocka, J.; Janzen, R & Loppie, C. (January 22, 2021). *Community-Based Research; Research Planning*. Workshop #3 for Mental Health Commission Canada.

Ochocka, J.; Janzen, R & Loppie, C. (March 14, 2020). *Essentials of Understanding Community-Based Research*. RFP Workshop for Mental Health Commission Canada.

Ochocka, J. (September 2020). *Community-based research and knowledge mobilization*. Guest speaker to Global Knowledge for Change Network.

Ochocka, J.; Janzen, R & Loppie, C. (November 6, 2020). *Supporting Lived Experiences with Cannabis through Community-Based Research*. Workshop #1 for Mental Health Commission Canada.

Ochocka, J.; Janzen, R & Loppie, C. (December 4, 2020). *Community-Based Research; Laying the Foundation*. Workshop #2 for Mental Health Commission Canada

Ochocka J. & Dagert, T. (May 2019). *Community-based Research Excellence*. Workshop for Vancouver Foundation's community-based researchers. Vancouver, BC.

Ochocka J. (April 2019). *The art of qualitative interviewing*. Workshop for Waterloo Region Suicide Prevention Council, Waterloo, ON

Ochocka, J. & Janzen, R. (April 2018). *Exploring innovations in interfaith dialogue & practice*. Workshop for Canadian Interfaith Conversation. Regis College, University of Toronto. ON.

Ochocka, J. & Janzen, R. (November 2017). *Engaging communities through research. A capacity-building event for faith-based campuses and their partners*. Two-day conference with presentations, discussions and interactive project developments. Conrad Grebel University College, Waterloo, ON

- Ochocka, J. (September 2017). *Understanding the resettlement experiences of Syrian refugee. A community-based research with Syrian youth, parents and older adults*. Presentation at research forum hosted by Waterloo Region Local Immigration Partnership. Waterloo, ON.
- Ochocka, J. (September 2017). *Youth-led community-based research*. Two-day training with racialized youth, researchers and INSPIRIT Foundation staff in Hamilton, ON.
- Ochocka, J. (March 2017). *Our Home Your Home: A Community Celebration of Syrian Newcomers in Waterloo Region*. Organizer of research presentation at community forum. Kitchener, ON
- Ochocka, J. (May 2017). *Keynote Remarks at the C2UExpo Opening Reception*. Simon Fraser University, Vancouver, British Columbia, Canada
- Ochocka, J., Dobb, W., & Schwartz K. (May 2017). *Community Based Research Canada Workshop*. Presented at Community Jam, Surrey Campus of Simon Fraser University, Vancouver, British Columbia, Canada
- Ochocka, J. (November 2016) *OBI Evaluation Support Program Workshop: Knowledge Mobilization and Knowledge Exchange: Acting on evaluation findings*. Presented at the Doubletree by Hilton, Toronto, Ontario, Canada.
- Ochocka, J. (August 2016). *Community Based Research Essentials and Indicators of Excellence Workshop*. Mt. Allison University, Sackville, New Brunswick, Canada
- Ochocka, J. (June 2016). *New Research Agenda for Universities in Indonesia: Community Engagement and Community Based Research Workshop*. Ministry of Religious Affairs, Jakarta, Indonesia
- OBI Evaluation Support Program Workshop #2: Planning and Implementing Program Evaluation*. Presented at the Doubletree by Hilton, Toronto, Ontario, Canada
- Ochocka, J. & Janzen, R. (January 2015) *OBI Evaluation Support Program Workshop #1: Evaluative Thinking*. Presented at the Doubletree by Hilton, Toronto, Ontario, Canada.
- Layton, M., Brown, L., & Ochocka, J. (May 2015). *The Engaged Practice Learning Exchange Workshop – CBR Canada and National Coordinating Centre for Public Engagement (UK)*. Presented at Algonquin College, Ottawa, Ontario, Canada
- Ochocka, J. & Janzen, R. (November 2015) *OBI Evaluation Support Program Workshop #3: Dissemination and acting on evaluation findings*. Presented at the Doubletree by Hilton, Toronto, Ontario, Canada.
- Ochocka, J. (April 2015). *OBI Evaluation Support Program Workshop #2: Planning and Implementing Program Evaluation*. Presented at the Doubletree by Hilton, Toronto, Ontario, Canada
- Ochocka, J. & Janzen, R. (January 2015) *OBI Evaluation Support Program Workshop #1: Evaluative Thinking*. Presented at the Doubletree by Hilton, Toronto, Ontario, Canada.

- Ochocka, J. (July 2014). *Community Based Research Internationally*. Guest presentation to over 100 graduate students at their faculty at Alahuddin-Makassar State Islamic University (UIN Makassar), Indonesia
- Ochocka, J., Mastronardi, L., & Kramer, T. (May 2014) *Ensuring the well-being of human participants in community-based research and evaluation*. Workshop presented at CUVic Conference: Beyond Engagement at the University of Victoria, Victoria, British Columbia, Canada
- Ochocka, J., Janzen, R., & Gatobu, S. (March 2014) *CMHA Research Assistants Training*. Two-day Research Training Workshop. Presented at the Canadian Mental Health Association (CMHA), Toronto, Ontario, Canada.
- Ochocka, J., Jackman, D., Dominaux, G., Lysenko, E. (March 2014) *Evaluation: Smallwood Crescent Community Centre*. Presented to community researchers and volunteers in Marystown, Newfoundland, Canada.
- Ochocka, J. (March 2014) *Community Based Research Evaluation of the Smallwood Community Centre*. Presented to community researchers and volunteers in Marystown, Newfoundland, Canada.
- Ochocka, J. (November 2013) *Taking Culture Seriously in Community Mental Health World*. Café discussion on research excellence convened at the Learning Forum at the Coady International Institute at St. Francis Xavier University. Antigonish, Nova Scotia, Canada.
- Janzen, R., & Ochocka, J. (June 2013) *Thirty Years of Collaborative Research with Communities and Universities*. Presented to Indonesian Delegation and the Institute of Governance (Ottawa) at the Centre for Community Based Research. Kitchener, Ontario.
- Ochocka, J., Hall, B., Dwyer, B. & Gilbert, B. (June 2013). Opening plenary panel. *CUExpo 2013 Conference*. Corner Brook, Nfld.
- Ochocka, J., Hall, B., Dwyer, B., & Gilbert, B. (June 2013). Closing plenary panel. *CUExpo 2013 Conference*. Corner Brook, Nfld.
- Ochocka, J. & Janzen, R. (October 2012). *Fundamentals of Community Based Research*. Keynote address at EmPeace LABS 2012 Conference. Jalgaon, India (via Vimeo). Video produced by Lyndon Horsfall, Dragon Gem Productions, Waterloo, Canada.
- Ochocka, J., & Janzen, R. (February 2012) *Fundamentals of Community Based Research*. Guest presentation and workshop facilitation for Corner Brook CUExpo2013 partners, community members and academics. Corner Brook, Newfoundland, Canada.
- Ochocka, J. & Janzen, R. (February 2012) *Community Based Research*. Guest presentation and meeting facilitation with provincial government policy-makers. St. John's, Newfoundland, Canada.
- Ochocka, J. & Janzen, R. (February 2012) *Researching Together... Community Based Research on Housing and Homeless in Rural Newfoundland*. Workshop for community advisory boards and regional planners. Clarenville, Newfoundland, Canada.

- Ochocka, J. (February, 2012) *Researching Together...Community based research that balances relevance and rigour*. Guest lecturer to Ph.D. students in Policy Study, Department of Politics and Public Administration, Ryerson University, Toronto, Ontario, Canada.
- Ochocka, J. (June 2011) *Results and Meaning of CUExpo2011*. Invited presentation to academics and community members, Ottawa, Ontario, Canada.
- Ochocka, J., & Janzen, R. (June 2011) *Knowledge mobilization through theatre: Cutting to the heart of research*. Workshop presented to the Rural Secretariat of the Government of Newfoundland and Labrador, St. John's, Newfoundland, Canada.
- Ochocka, J., & Janzen, R. (June 2011) *Researching together: Community based research that balances relevance and rigour*. Workshop presented to the Rural Secretariat of the Government of Newfoundland and Labrador, community representatives and academics. St. John's, Newfoundland, Canada.
- Ochocka, J., (May 2011) *Opening Address*. Presented at CU Expo 2011 conference, Kitchener-Waterloo, Ontario, Canada.
- Ochocka, J., & Cleverly, S. (November 2011). *Reflecting Women's Voices in the development of smoking cessation programs for pregnant and recently pregnant women*. Preconference workshop presented at the 7th National Conference on Tobacco or Health, Toronto, ON.
- Ochocka, J. & Moorlag, E. (October 2010). *Evaluation of the Canadian Immigration Integration Project: Achievement and Lessons*. Presented at the Accelerating Immigration Integration Through Overseas Orientation and Outreach Conference, Ottawa, Ontario, Canada.
- Ochocka, J. & Janzen, R. (December 2009). *Main findings from CURA "Taking Culture Seriously in Community Mental Health*. Presented at the 2nd CURA conference, Waterloo, Ontario, Canada.
- Ochocka, J., & Janzen, R. (November 2009). *CURA Study and Main Findings*. Presented at the Ontario Metropolis Centre (CERIS), Toronto, Ontario, Canada.
- Ochocka, J. & CURA Partners. (April 2009). *Taking Culture Seriously in Community Mental Health CURA*. Presented at From Innovative Research to Innovative Solutions: Bringing Diversity in Mental Health from the Margins to the Core A Roundtable for Action. Toronto, Ontario, Canada.
- Ochocka, J. & Janzen, R. (October 2008). *Overview of Taking Culture Seriously in Community Mental Health*. Presented at Kitchener Waterloo Multicultural Centre Annual General Meeting. Kitchener, Ontario, Canada.
- Ochocka, J. & Janzen, R. (September 19, 2008). *Responding to Diversity in Community Mental Health: Towards Cultural Empowerment*. Presented to Waterloo Wellington Local Health Integration Network, Staff and Board Development. Guelph, Ontario, Canada.
- Ochocka, J. (May 4, 2008). *Impacts and lessons learned from Taking Culture Seriously in Community Mental Health*. Presented in plenary CURA panel at Community University Exposition, Victoria, British Columbia, Canada.

- Ochocka, J. (June 1-2, 2007). *Engaging Ethno-Linguistic Communities in Research Focusing on Social Change*. Second ASU Summer Institute on Community Integration and Education, Mesa, Arizona, USA.
- Ochocka, J. (May 7-10, 2007). *Community-University Research and Participatory Action Research*. Guest Lecture and 4-day Workshop, Visiting Professor, University of Opole, Poland.
- Ochocka, J. (March 20, 2007). *Moving Ahead Together: Participatory Action Research with Diverse Communities*. Community Psychology Program, Brock University, Hamilton, Ontario, Canada.
- Ochocka, J. (November 18, 2005). *Taking Culture Seriously in Consumer Survivor Initiatives*. Keynote Speaker, Creative Directions Ontario Peel Development Initiatives Annual Conference, Toronto, Ontario, Canada.
- Ochocka, J. (September 15, 2005). *The Drive to Move Forward: A New Framework for Understanding Recovery from Mental Illness and Other Life Struggles*. Mental Health and Addictions Program, St. Joseph's Healthcare, Hamilton, Ontario, Canada.
- Ochocka, J. (June 7, 2005). *Parenting Issues of Newcomer Families in Ontario*. Marmount Children's Centre, London, Ontario, Canada.
- Ochocka, J. (September 21, 2004). *Consumer/Survivor Initiatives: Future Directions*. Invited keynote speaker, Annual Ontario Peel Development Initiatives Conference, Toronto, Ontario, Canada.
- Ochocka, J., Nelson, G. & Janzen, R. (April-June 2004). *Longitudinal Study of Consumer/Survivor Initiatives in Ontario - Community Forum*. Facilitator, Kitchener, Hamilton, Welland, Ontario.
- Nelson, G. & Ochocka, J. (October 16, 2004). *A Longitudinal Study of Consumer/Survivor Initiatives in Ontario: Evaluating Individual-level and Systems-level Impacts*. Presentation to the Mental Health Leads, Ontario Ministry of Mental Health and Long-Term Care, Toronto, Ontario, Canada.
- Ochocka, J. (March 2004). *Why Evaluate - Does it Really Make a Difference?* Keynote speaker, Conference for Ontario Community Living Centres: Tools for Excellence. London, Ontario, Canada.
- Ochocka, J. & Nelson, G. (May 2002). *Shifting the Paradigm in Community Mental Health. Researching Innovations: Strategies, Challenges, Lessons*. Keynote speaker, Spring Colloquium, Department of Psychiatry, University of Toronto, Toronto, Ontario, Canada.
- Ochocka, J. (June 2002) Program Evaluation Workshop: *A Participatory Action Research Approach*. Presenter, Kitchener, Ontario, Canada.
- Ochocka, J. (October 2002) *A Participatory Action Research Approach*. Program Evaluation Workshop Presenter, Niagara Falls, Ontario, Canada.
- Ochocka, J. (March 2001). Blended Approach: *Utilization Focused Academic and Community Research*. Invited Speaker, Department of Sociology, York University, Toronto, Ontario, Canada.
- Ochocka, J. (October 2000) Innovative Solutions: *Culturally Sensitive Services in an Age of Diversity*. Keynote speaker, Notre Dame Child & Family Institute, Kitchener, Ontario, Canada.



Ochocka, J. (September 2000). *The Paradigm Shift in Community Mental Health*. Keynote speaker, Annual General Meeting, Community Mental Health Association, Kitchener, Ontario, Canada.

Ochocka, J. (May 2000) *Strategic Planning: Values, Principles, Action Plan and Evaluation*. Presenter, Niagara Mental Health Coalition, Port Colbourne, Ontario, Canada.

Ochocka, J. (March 1999). *Partnerships: Friends or Foe. An Interdisciplinary Skill Development Workshop*. Presenter, South-Central Community Health Units, London, Ontario, Canada.

Ochocka, J. (October 1998). *Community Action Programs for Children in Ontario: Highlights from the Regional Evaluation*. Keynote speaker, The Ontario Coalition of Community Action Program for Children and Canadian Prenatal Nutrition Programs, Severn Bridge, Ontario, Canada.

Ochocka, J. (October-November 1994). *Program Evaluation Workshop: A Participatory Action Research Approach*. Niagara Falls, Kingston, Brampton, Ontario.

### **Community Forums**

Organized, facilitated and presented at many community forums to provide feedback about research findings and prioritize/commit to future collective actions, including:

-*Celebrating Newcomers in Waterloo Region: "Our Home, Your Home" Syrian refugees and two research studies*. Presented at the Kitchener City Hall, Ontario. March 2017.

-*"Finding Our Way": The role of churches in Immigrant Settlement and Integration. An evening of discerning, learning, and sharing*. Presented at St. Peter's Lutheran Church, Kitchener, Ontario. June 2015.

- *Taking Culture Seriously in Community Mental Health*. Presentation at Punjabi community forum. Community University Research Alliance. Brampton, Ontario. May 2007.

- *Taking Culture Seriously in Community Mental Health*. Organizer and presenter at cultural-linguistic community forum. Community University Research Alliance. Wilfrid Laurier University. Kitchener campus. March 2007.

- *Cultural Empowerment Framework*. Organizer and Presentation at "Towards Cultural Empowerment" conference. Taking Cultural Seriously in Community Mental Health, Community University Research Alliance. Wilfrid Laurier University. Waterloo, Ontario. December 2006.

- *Pathways to Success: Immigrant Youth in High School*. Organizer of public forum. Kitchener City Hall. May 2006.

- *Consumer Run Co-op Housing Forum*. Organizer of public forum. Hamilton, November 2006.

- *Immigrant Skills Summit Waterloo Region*. Organizer of community forum held at Lutherwood Great Hall. Waterloo, Ontario. April 2005.

- *A Celebration of New Canadian Families*. Organizer and presenter of public forum on immigrant parenting. Kitchener City Hall. May 2001.

- *Enhancing Supports and Services for Immigrant Youth in Waterloo Region*. Organizer and presenter at public forum. Kitchener City Hall. February 2000.

## Research Grants and Contracts

Involved as PI in over 120 research projects including applied research, program evaluation, and needs assessments (12 SSHRC-funded). Acted as senior research advisor for over 300 research projects. The following are the selected list of projects:

### Academic Funded Projects

- 2016 - 2018      **Faith and Settlement Partnerships: Settling Immigrants and Canada for Success**  
Funded by Social Sciences and Humanities Research Council of Canada (SSHRC) (\$200,000)
- Co-applicant
  - Leading a provincial partnership development grant to study partnerships among faith-based and government-funded settlement organizations in order to determine how these partnerships can better lead to positive settlement outcomes for newcomers, and ultimately benefit Canadian society.
- 2015              **Just Faith?: Exploring Individual Spirituality in Justice Mobilization**  
Funded by Social Sciences and Humanities Research Council of Canada (SSHRC) Connection Grant
- Co-applicant
  - A grant to mobilization knowledge of the SSHRC-funded Justice and Faith project led by the Institute for Christian Studies in partnership with Christian Reformed Church. The grant included developing a DVD of previously commissioned professional theatre and presenting the theatre and research findings at the CUExpo2015 conference in Ottawa.
- 2013 - 2015      **The Role of Churches in Immigrant Settlement and Integration**  
Funded by Social Sciences and Humanities Research Council of Canada (SSHRC) (\$197,500)
- Co-investigator
  - The purpose of this partnership development grant is to develop a national research partnership that investigated how to better equip church groups across Canada to help immigrants and refugees settle and integrate into Canadian society.
- 2013 - 2015      **Justice and Faith: Individual Spirituality and Social Responsibility in the Christian Reformed Church of Canada**  
Funded by Social Sciences and Humanities Research Council of Canada (SSHRC) (\$200,000)
- Co-investigator
  - The goal of this partnership development grant is to use research as a way to mobilizing members of the Christian Reformed Church toward greater engagement with social justice initiatives in their various communities across Canada.

- 2014 **Pursuing Excellence in Collaborative Community Campus Research: A National Summit**  
Funded by Social Sciences and Humanities Research Council of Canada (SSHRC) and many other funders (\$95,000)
- Applicant
  - Together with CBRC planned and convened the National Summit of over 60 Canadian leaders of collaborative community-campus research (CCCR) to develop indicators of excellence in community-based research and to form a vision for National Hubs of Excellence in CCCR.
- 2008-2011 **CUExpo 2011 (Community University Exposition)**  
Funded by SSHRC Connection Grant and many local and national sponsors (\$300,000)
- Applicant and Chair of Conference Coordinating Team
  - Mobilizing Waterloo Region to host an international conference on the topic of community university partnerships: Bringing global perspectives to local action. 550 people from 16 countries attended this conference which held over 200 presentations.
- 2005-2011 **Community University Research Alliance: Taking Culture Seriously in Community Mental Health**  
Funded by Social Sciences and Humanities Research Council of Canada and Ontario Trillium Foundation (\$1,250,000 grant under the Community University Research Alliance program)
- Principal Investigator (applicant)
  - An Interdisciplinary and mixed research method study that brought together over 40 university and community partners in Toronto and Waterloo Region to explore, develop, pilot and evaluate community mental health services and supports that are effective for people from culturally diverse backgrounds. 10 community researchers were trained.
  - 12 innovative projects were developed, six funded by external funders were Implemented and evaluated.
- 2007-2009 **Building Capacity for Community Based Research in Ontario's Northern First Nations**  
Funded by Social Sciences and Humanities Research Council of Canada under the Northern Research Development Program, (\$40,000 grant to A. Taylor and M. Saulis)
- Co-applicant
  - Worked with Tikanagan Child and Family Services to build internal research capacity and develop a long-term research agenda.
- 2005-2007 **Pathways to Success: Immigrant Youth at School**  
Funded by Social Sciences and Humanities Research Council of Canada (\$39,900 grant to J. Ochocka, A. Westhues, and R. Janzen)
- Applicant
  - A qualitative research study to explore how secondary educational institutions can maximize positive outcomes for immigrant youth.

- 1998-2005      **Longitudinal Study of Consumer/Survivor Initiatives in Ontario**  
Funded by the Ontario Ministry of Health and Canadian Institute of Health Research (\$450,000 grant to G. Nelson and J. Trainor)
- Project Manager/Research Collaborator
  - A first Canadian study to evaluate self-help/mutual aid in community mental health. A seven-year longitudinal study using mixed method methodology to examine processes and outcomes of mental health consumer-run organizations at both the individual and systems level. Four sites included Niagara, Hamilton, Cambridge and Kitchener-Waterloo. 14 consumer researchers were hired, trained and supported.
- 1997-2001      **Shifting the Paradigm in Community Mental Health**  
Funded by Social Sciences and Humanities Research Council of Canada (\$30,000 grant to G. Nelson)
- Project Manager
  - A comprehensive research project designed to develop an understanding of the changes in community mental health policy and practice. The study was a partnership with Wilfrid Laurier University Community Psychology Program.

### **Non-Academic Funded Projects**

- 2021              **Evaluation of the Syrian and Newcomer Youth Mentorship Initiative**  
Funded by Immigration, Refugees, and Citizenship Canada (\$51,000)
- Team Advisor
  - The evaluation was to assess the process and outcomes of the mentorship Initiative delivered under the Opening Doors Project at CMHA Toronto. The evaluation process consist of many meetings with a large Steering Committee and involvement of youth peer researchers. Multiply methods were implemented including focus groups, surveys, and case studies. Program recommendations and adaptations were suggested.
- 2021              **Student Links Evaluation and Capacity Building**  
Funded by Community Living Ontario (\$59,000)
- Team Advisor and Co-Lead
  - This project has built evaluation capacity among CLO managers, staff, students with disabilities, family members and mentors across Ontario. The multi-method evaluation of the Student Links assessed the processes, outcomes, and future directions of the program and was guided by the 13-person steering committee. Research methods included surveys, focus group interviews, case studies and art-based methods.
- 2020-2021      **Supporting Community-Based Research on Cannabis and Mental Health**  
Funded by Mental Health Commission of Canada (\$40,000)
- Team Lead, Trainer and Consultant
  - CCBR supported the Mental Health Commission of Canada in developing a research program to address knowledge gaps in the relationship between cannabis and mental health. CCBR supported proposal development and provided training and coaching to projects in implementing a community-based approach to research. Five workshops were delivered and many individualized coaching sessions.

- 2020 **Food Banks Canada Capacity Boost Grant Evaluation**  
Funded by Food Banks Canada (\$10,000)
- Team Advisor
  - CCBR completed an evaluation of information provided by 88 food banks across Canada about implementing the infrastructure needed to improve and expand their perishable food recovery programs. A synthesis report described how the funds were spent, what went well and did not go well, the immediate results of the grant, the impact on individuals, communities, and food systems, and finally, suggestions for future development.
- 2018-2021 **Evaluation Capacity-Building for Refugee Resettlement**  
Funded by Immigration, Refugees, and Citizenship Canada (\$499,000)
- Team Co-Leader
  - This project built evaluation capacity among organizations and groups who support refugees across Canada. The project was led by CCBR in partnership with the Evaluation Capacity Network at the University of Alberta. The project had 3 phases over 3-years: 1) developing a national evaluation capacity-building strategy, 2) holding evaluation capacity-building events across the country, and 3) providing evaluation support as organizations do their evaluations.
- 2018-2020 **First Link Provincial Evaluation**  
Funded by Alzheimer Society of Ontario (\$200,000)
- Project Lead
  - CCBR developed a framework and then conducted an evaluation of the enhanced and expanded First Link program involving First Link Navigators in all 30 Alzheimer Society sites across Ontario. This First Link initiative was part of Ontario's Dementia Strategy. The evaluation was guided by the steering committee which included managers, staff, people living with dementia and their care partners. Three comprehensive year reports were produced as well as many evaluation tools and evaluation capacities being used by Alzheimer Society of Ontario.
- 2020 **Review of Respite Services in Wellington/Dufferin**  
Funded by Wellington and Dufferin Counties Planning Table (\$18,000)
- Project Lead
  - CCBR developed a framework and then conducted the review to understand what, when and how respite has been accessed by families caring for children and adults with developmental disabilities as well as to explore current strengths, weaknesses, barriers, and potential solutions for improved respite in Wellington and Dufferin counties.
- 2020 **Evaluation of Wellness Programs and Social Isolation**  
Funded by Alzheimer Societies of Grey-Bruce, Huron, and Perth Counties (\$26,000)
- Team Advisor
  - The evaluation framework was developed to understand the impact of the Mind in Motion and other social recreation programs offered by three Societies on the well-being of people with dementia and their care partners as well as on local communities. A mixed method (quantitative and qualitative) approach was used to collect information from four different stakeholder groups. The project was guided by the Steering Committee.

- 2018-2019      **Food Banks Canada’s Collaborative Evaluation for Collective Impact**  
Funded by Food Banks Canada (\$100,000)
- Team Member
  - This project laid the foundation for Food Banks Canada to evaluate its recently developed Strategic Planning Framework. The project involved two main sets of activities designed to: 1) develop evaluation capacity-building resources, and 2) develop an evaluation framework.
- 2016-current      **Evaluation of the Supported Independent Living for People Who Have Multiple Disabilities**  
Funded by Bob Rumball Association for Deaf (\$20,000)
- Consultant
  - The purpose of this project is to develop an evaluation framework and to support its implementation for the Supported Independent Living (SIL) program
- 2016-2017      **Exploration of Student Wellbeing at University College**  
Funded by St. Paul's University College at University of Waterloo (\$15,000)
- Consultant
  - This project is exploring the need to better support St. Paul’s student well-being, what those supports could look like, and what role St. Paul’s might play in supporting student well-being.
- 2016 -2014      **Indonesia Training In Canada**  
Funded by CIDA via Cowater International Inc (\$120,000)
- Team Leader
  - Provided lecturers for various Indonesian universities and government officials with the opportunity to build capacity for university-community engagement through community-based research (CBR) structures.
- 2014      **Local Immigrant Partnership (LIP) Newcomer Survey**  
Funded by York Region (\$13,700)
- Advisor
  - The purpose of the research for York Region Local Immigration Partnership (LIP) was to inform current and future planning for newcomers regarding settlement, accessing programs and opportunities to improve the settlement and integration process. The methodology involved developing, implementing and analyzing over 800 newcomer surveys. Four Community Animators, speaking various languages, were hired and trained to administer the survey.
- 2014      **Smallwood Crescent Community Centre Evaluation**  
Funded by Government of Newfoundland and Labrador (\$17,000)
- Principal Investigator
  - Support to an internal participatory evaluation conducted by the Smallwood Community Centre in Marystown, Newfoundland. In addition, this project provided training materials to government employees of the Rural Secretariat of Newfoundland and Labrador to enhance their evaluation capacity when working with community groups.

- 2013-2014      **Mobilizing Newcomers and Immigrants to Cancer Screening Program**  
Funded by Public Agency of Canada's (PHAC) Cancer Program and administrated by Healthcare Materials Management Services (HMMS) (\$79,400)
- Principal Investigator
  - Program evaluation of a comprehensive and innovative community-based program for four cultural communities in London, Ontario
- 2012-2013      **Evaluation of the Shibogama Health Innovation Project**  
Funded by Shibogama Health Authority (\$12,600)
- Advisor
  - Evaluation of the Shibogama Health Innovation Project (SHIP) to assess this community-driven model of care implemented between June 2012 and March 2013, in Kingfisher Lake, to make recommendations for the next phase of implementation.
- 2012            **Graduate program in Community Based Research in Social Development**  
Funded by Renison University College (\$17,200.)
- Advisor
  - Needs assessment to understand the extent and nature of the need for a graduate program in community based research for social development, from the perspectives of key stakeholders.
- 2012-2014      **Aboriginal Education Program Evaluation**  
Funded by St. Paul's University College (\$35,000).
- Advisor
  - Program evaluation of UW D.I.R.E.C.T.I.O.N.S., a post-secondary education conference organized by the Aboriginal Education and Resource Centre (AERC) at St. Paul's College (STP), University of Waterloo, for Aboriginal high school students and youth in Ontario. The aim was to determine its' influence and effectiveness on participating youth.
- 2011-2014      **Independent Facilitation Across Ontario**  
Funded by Facile, Perth County, PLAN Toronto and Facile, Waterloo (\$20,200).
- Advisor
  - Program evaluation of community based innovation. The three independent facilitation sites support people with disabilities and their families in Waterloo Region, Perth Region and in Toronto. The objectives of the research was to provide an overall understanding of the processes and impact to help create a sense of common identity among the three independent sites and to promote and facilitate shared learning, knowledge mobilization and best practices.
- 2010-2012      **Cancer Screening Project**  
Funded by Echo: Improving Women's Health in Ontario (\$310,000).
- Advisor
  - Facilitation of an engagement process that mobilized knowledge related to key learnings from community based initiatives designed to increase cancer screening in women who are seldom or never screened. The engagement processes supported reflection on practice and the creation of a shared vision of system change. This process was designed to lead to stronger and more effective cancer screening policies and practices across Ontario. It included organization of two province-wide conferences attended by over 100 women and a website.

- 2010-2012 **Young Women and Smoking**  
Funded by Echo: Improving Women's Health in Ontario (\$225,000).
- Advisor
  - Facilitation of an engagement process that mobilized knowledge related to key learnings from community based initiatives designed to support smoking cessation during and after pregnancy. This process included a theatre production, conferencing, the web development (Ignite Innovation: Improving health for pregnant women who smoke) and the development of a shared vision for system change and stronger and more effective smoking cessation policies for pregnant and post partum women across Ontario.
- 2010-2011 **Canadian Immigration Integration Project Evaluation**  
Funded by Association of Canadian Community Colleges via Human Resources & Skills Development Canada (HRSDC) (\$150,000).
- Principal Investigator
  - Program evaluation project of an innovative model to help with successful immigration integration for foreign skilled workers (FSWs). The Canadian Immigration Integration Project (CIIP) was a 5-year pilot project funded by Human Resources and Skills Development Canada (HRSDC), in collaboration with Citizenship and Immigration Canada (CIC). Objectives of the evaluation of CIIP was to assess the project rationale, effectiveness, efficiency, results, key success factors, lessons learned and achievements throughout the five years. This was a final project evaluation, covering the life of the project, including implementation of activities and the delivery of the expected outputs with recommendations for expending this program to new locations.
- 2008-2009 **Community Based Research Ethics Needs Assessment and Feasibility Study**  
Funded by Wellesley Foundation and Social Services, Region of Waterloo (\$15,000)
- Principal Investigator
  - A community based research study to establish a community research ethics board to respond to the need of ethics support when conducting community based research in Waterloo Region and greater Toronto area.
- 2007-2008 **Spark of Brilliance: Art and Mental Health Recovery**  
Funded by Ontario Trillium Foundation (\$30,000)
- Principal Investigator
  - A program evaluation study to explore the role of art in mental health recovery.
- 2005-2007 **Knowledge Networking & Dissemination**  
Funded by Canadian Association for Community Living (\$30,000)
- Advisor
  - Provided planning and development support to the Canadian Association for Community Living and its national partners and affiliates to create a research and knowledge needs strategy in order to enhance the capacity to conduct community-based research and to generate and share knowledge pertaining to disability issues.



- 2005-2007      **Feasibility Study for a Consumer Run Housing Co-op in Hamilton**  
▪ Senior Advisor/Co-Investigator  
▪ A qualitative feasibility study for a mental health consumer run housing cooperative in Hamilton, Ontario. Supported Housing Coordination Network (\$46,000)
- 2004-2006      **Early School Leavers: Understanding the Lived Reality of Disengagement from School**  
Funded by Ontario Ministry of Education (\$600,000 grant to B. Ferguson)  
▪ Co-Investigator  
▪ A needs assessment for the Waterloo Region
- 2002-2004      **Supported Volunteerism for Individuals who Have Disabilities**  
Funded by Trillium Foundation through the RGSV program (\$30,000)  
▪ Principal Investigator  
▪ Qualitative study to evaluate a community initiative in Waterloo Region
- 2000 - 2002      **Study on Parenting Issues of Newcomer Families in Ontario**  
Funded by Immigration and Citizenship Canada (\$298,000 grant to J. Ochocka, R. Janzen, P. Anisef, K. Murphy Kilbride)  
▪ Principal Investigator  
▪ A qualitative research study to explore issues of immigrant parental practices and supports needed with 17 ethno-linguistic groups in Toronto, Ottawa and Waterloo, Ontario
- 2000-2002      **Review of Primary Prevention/Community Support**  
Funded by Six Nations of the Grand River Social Services Department (\$25,000 contract)  
▪ Principal Investigator  
▪ An evaluation of the implementation of a multi-component primary prevention/health promotion initiative within a First Nations.
- 1999-2003      **Safe and Sound Project - Waterloo**  
Funded by National Crime Prevention Centre and Waterloo Region Community Safety & Crime Prevention Council (\$150,000)  
▪ Principal Investigator  
▪ An evaluation project in Waterloo Region of a project designed to build crime prevention capacity through locality development work with three local neighbourhoods.
- 1999-2000      **Enhancing Services and Supports to Immigrant Youth**  
Funded by Immigration and Citizenship Canada (\$30,000)  
▪ Principal Investigator  
▪ A needs assessment for the Waterloo Region.
- 1998 - 2000      **Routes to Real Work**  
Funded by Canadian Mental Health Association National Office (\$21,000)  
▪ Principal Investigator  
▪ PAR to describe and understand different ways of creating employment opportunity for people with mental health issues. Community researchers were hired across Canada (Lethbridge, Alberta; Fredericton, New Brunswick; Thunder Bay, Ontario; Toronto, Ontario and Winnipeg, Manitoba) to implement the study.

- 1997 - 1998      **Dignity and Opportunity: Assessing the Economic Contribution of Foreign Trained Newcomers**  
Funded by Atkinson Foundation and Canadian Heritage via Skills for Change (grant to R. Janzen, \$24,000)
- Collaborator
  - A research project that designed a framework to compare the economic benefit of successfully using skills of foreign-trained newcomers in the Ontario labour force with the loss if such skills are not used. "Skills for Change", an immigrant employment organization in Toronto, was a partner for this project.
- 1996 - 1998      **Community Action Program for Children, Ontario Regional Evaluation**  
Funded by Health Canada (\$300,000 grant)
- Principal Investigator and Project Coordinator
  - A large provincial evaluation (two and a half-year) of 31 community hubs across Ontario for programs that enhance early childhood development. It was conducted in partnership with the Centre for Health Promotion, University of Toronto.
- 1996 -1997      **Evaluation Review of Kitchener-Waterloo Habilitation Services**  
Funded by K-W Habilitation Services, Kitchener, Ontario (\$40,000 contract)
- Principal Investigator
  - A one-year study to describe the stakeholders' satisfaction with the type and quality of services provided by the agency and to generate recommendations for possible future service directions.
- 1993 - 1995      **Evaluation of Provincial Initiatives for Persons with Dual Diagnosis**  
Funded by Ontario Ministry of Community and Social Services (\$400,000 contract)
- Senior Researcher
  - A program evaluation of five innovative projects from across Ontario linking mental health with developmental services.
- 1993 - 1995      **Alternative Community Living for Elderly Program in Simcoe Region**  
Funded by Ontario Ministry of Health & Support Services in the County of Simcoe (\$70,000 contract)
- Project Coordinator
  - An evaluation of supportive housing program in a rural setting.
- 1993 - 1994      **Workplaces that Work**  
Funded by National Welfare Grant Program (\$150,000 research grant to J. Lord)
- Project Coordinator
  - Research demonstration of successful competitive employment for people with psychiatric, physical and developmental disabilities.

- 1993 - 1995      **Health Promotion Evaluation Support Program**  
Funded by Health Promotion Branch, Ministry of Health (\$210,000 contract)
- Co-Investigator and Senior Researcher
  - Provincial study undertaken to support local demonstration sites (Heart Health, Best Start, Healthy Lifestyles, FOCUS Communities) in designing and implementing internal evaluations.
- 1991 - 1993      **The Support Clusters Project**  
Funded by Health Innovation Fund, Ontario Ministry of Health (\$100,000 grant to J. Lord)
- Project Coordinator
  - Evaluation of a demonstration project to provide services to people with a dual diagnosis.
- 1991 - 1993      **Special Services at Home**  
Funded by Ontario Ministry of Community and Social Services (\$140,000 contract)
- Senior Researcher
  - An evaluation of the provincial program to provide individual funding to families who care for a family member with a disability.
- 1988              **Determinants of Decisions to Emigration**  
Grant sponsored by the Institute of Culture, Dusseldorf, Germany
- Project Director
  - A research study to describe and understand social factors that influence decisions about emigration.
- 1984 - 1985      **Culture and Family Relations**  
Grant sponsored by Research Department of Silesia University, Katowice, Poland
- Project Director
  - A research study to understand social factors influencing changing roles in families.

## **OTHER SMALL CONSULTATIONS**

Prepared and offered about 40 small consultations, including:

- *Exploring Innovations in Interfaith Dialogue and Practice*. Development of the Centre for Learning and Engagement In Canadian Interfaith Relations, Toronto, Ontario 2018
- *Mobilizing communities for action research*. Training at the Smallwood Community Centre in Marystown, Newfoundland, 2014.
- *Rural Secretariat of the Government of Newfoundland and Labrador*. Guest presentation and workshops in St. John's Newfoundland, March, 2014.
- *Community Forum on Quality Cancer Screening Innovations in Toronto: ECHO*. Community forum on improving women's health in Ontario, March 2011.
- *Rural Secretariat of the Government of Newfoundland and Labrador*. Community Based Research Training and Consultations for Community, Government and Academics, St. John's, Newfoundland, June, 2011.
- *Leaders Mobilizing Change in Ontario*. Workshops in 10 locations for Citizenship and Immigration Canada, January - March 2010.
- *Mental Health and Diversity Workshop*. Workshop for Waterloo Wellington LHIN Staff and Board, Guelph, ON, September, 2008

- *Responding to Diversity in Community Mental Health*. Towards Cultural Empowerment.
- *Hamilton Addiction and Mental Health Network*. Hamilton, ON, June 2007.
- *Utilization Focused Evaluation*. Institute for Work and Health, Toronto, ON, October, 2003
- *Moving Ahead in College Research Agenda*. George Brown College, Toronto, Ontario, June 2003
- *Clarifying the Work of Sexual Assault Treatment Centres*. Ontario Sexual Assault Treatment Centres, Toronto, Ontario, April 2003
- *Disability and Supported Volunteerism*. Volunteer Action Centre of Waterloo Region, 2002-2004
- *Peer Support and Mental Health*. Canadian Mental Health Association, Wellington-Dufferin Branch, Ontario, 2001
- *Employment and Mental Health*. Canadian Mental Health Association, Wellington-Dufferin Branch, Ontario, 2001.
- *Dual Diagnosis Resource Service and the Griffin Community Support Network Centre for Addiction and Mental Health*. Ontario, 1999-2000.
- *Employment for People with Psychiatric Disabilities*. Niagara District Health Council, 2000.
- *Healthy Babies, Healthy Children*. Waterloo Region Health Unit, Ontario, 1999.
- *Wellness Network*, South-Central Region, Ministry of Health, Ontario, 1998-1999.
- *Home Care Program*. Wellington - Guelph, Ministry of Health, 1995.
- *Evaluation and Monitoring System for Supportive Housing Programs*. Ministry of Health and Long Term Care, Mississauga, 1995.
- *Wise Use of Medications Among Seniors*. South Riverdale Community Health Centre, Toronto, Ontario, 1993.
- *Family Resource Project in Alaska*. Community Resource Network, Vashon, Washington, 1991 – 1992.
- *Survey of Student Financial Assistant Programs Available to Post-Secondary Students with Disabilities*. National Educational Association of Disabled Students (NEADS), Ottawa, Ontario, 1992.

#### **Graduate Thesis Supervision- Advisor**

- Kathy Hogarth (2007), *Understanding the Experience of Jamaican Immigrant Youth Living in Canada*, Department of Psychology, Wilfrid Laurier University

- Nadia Hausfather (2005), *Social Activism among Homeless Youth in Waterloo Region*, Department of Psychology, Wilfrid Laurier University

- Billie Jean Flynn (2001), *Citizen Participation in a Government Land Decision on Prince Edward Island*. Department of Psychology, Wilfrid Laurier University

#### **Graduate Thesis Supervision - M.A. Committee Member**

- Maureen Lymburner (2004). *It Was All Connected: Understanding and Addressing Learners of English as a Second Language*. Department of Psychology, Wilfrid Laurier University

- Sheila Keefe (2002), *The Affects of Northern Cod Moratorium on Women Fish Plant Workers, their Families, and their Community: Southeastern Labrador Village of Black Tickle*. Department of Psychology, Wilfrid Laurier University

- Roslyn Shields (2002), *Employment Experiences of People with Developmental Challenges: Empowerment and Choice*. Department of Psychology, Wilfrid Laurier University

- Jody Brown (2001), Understanding and Coping with Mental Health: Mother-Daughter Relationship. Department of Psychology, Wilfrid Laurier University

- Purnima Sundar (2000), Coping with Loss: A Qualitative Study of the Experience of Siblings Bereavement in Young Adulthood. Department of Psychology, Wilfrid Laurier University

- Kevin Black (2000), Understanding Equity and Oppression from a Different Perspective: Students Evaluate their Education. Department of Psychology, Wilfrid Laurier University

### **External Examiner**

- Ph.D. Robin Mills (2006). Participatory Action Research in Psychiatric Unit: Striving Towards Optimal Practices, Faculty of Arts, Victoria University, Australia

- MSc. Jeffrey Ball (2003). Describing the Crisis Experience for Individuals with Severe and Persistent Mental Illness, Institute of Medical Science, University of Toronto

### **Graduate Practicum Supervision**

Graduate Practicum Supervisor for over 60 students from:

- University of Alberta - Graduate Program in Social Transformation Ministry and in Public Health

- Wilfrid Laurier University - Graduate Program in Community Psychology

- Wilfrid Laurier University - Graduate Program in Social Work

- University of Guelph - Graduate Program in Applied Social Psychology

- Renison University Colleague, University of Waterloo - Undergraduate Program in Social Development Studies

- University of Waterloo - Sociology and Legal Studies

- Conrad Grebel University at University of Waterloo

- Confederation College, Thunder Bay, ON